

Ysgol Treffynnon

Food & Fun Timetable 2025 - Week 1



Monday 21st July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Welcome introduction session/outdoor games	Break Fruit snack	Crafting and Drawing GRP1	Crafting and Drawing GRP2	Lunch
Tuesday 22nd July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Nutrition session 1	Break Fruit snack	Urban fusion Street dance	Gwella Sport Development	Lunch
Wednesday 23rd July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Nutrition session 2	Break Fruit snack	Kicks4Kids		Lunch
Thursday 24 th July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Yoga Group Wendy Ostler	Break Fruit snack	Drama Workshop 2engage		Parent Lunch

Food & Fun Timetable 2025 - Week 2

Monday 28th July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Arts/Crafts Outdoor games	Break Fruit snack	Kicks for Kids – Steven Taylor	Kicks for Kids – Steven Taylor	Lunch
Tuesday 29th July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Yoga Group Wendy Ostler	Break Fruit snack	Arts /Crafts Outdoor/indoor games	Gwella Sport Development	Lunch
Wednesday 30 th July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Urban fusion Street dance	Break Fruit snack	Sports day events	Nutrition session 3 QA visit 1	Lunch
Thursday 31 st July	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Nutrition session 4	Break Fruit snack	Drama Workshop 2engage		Parent Lunch



Arlwyo a Glanhau
NEWydd
Catering & Cleaning

Cynlluniau Ysgolion Iach - Rhwydwaith Cymru



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



Food & Fun Timetable 2025 - Week 3

Monday 4th August	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00 EVALUATIONS
	Breakfast Yoghurt, Fruit, Cereal & Toast	Aaron Beech Table Tennis	Aaron Beech Table Tennis	Aaron Beech Tournament	Nutrition session Optional 5	Lunch
Tuesday 5th August	9:00-9:20	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00 EVALUATIONS
	Breakfast Yoghurt, Fruit, Cereal & Toast	Street Dance	Break Fruit snack	Graffiti Wall	Gwella Sport Development	Lunch
Wednesday 6th August	9:00-9:20 EVALUATIONS	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00 EVALUATIONS
	Breakfast Yoghurt, Fruit, Cereal & Toast	TNR outdoors Booked Team building games	Break Fruit snack	TNR outdoors Booked Team building games	Nutrition session Optional 6	Lunch
Thursday 7th August	9:00-9:20 EVALUATIONS	9:20-10:20	10:20-10:30	10:30-11:30	11.30-12.30	12:30-1:00
	Breakfast Yoghurt, Fruit, Cereal & Toast	Workbooks /feedback	Break Fruit snack	Kicks for Kids – Steven Taylor		Parent Lunch



Arlwyo a Glanhau
NEWydd
Catering & Cleaning

Cynlluniau Ysgolion Iach - Rhwydwaith Cymru



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

